

INSTRUCTIONS FOR AUTHORS:

Electronic submission of manuscripts is strongly encouraged, provided that the text, tables, and figures are included in a single Microsoft Word file. You may also submit manuscripts as e-mail attachment to the journal at editor.ijmhs127@gmail.com. A manuscript reference number will be mailed to the corresponding author within three working days. The cover letter should include the corresponding author's full address and telephone/fax numbers and should be sent to the Editor, with the file, whose name should begin with the first author's surname, as an attachment.

Paper: A4 size

Font: Article should be in Times New Roman, 12 size font, title and headings in bold, justified.

Annexures: Tables, charts, photographs, etc. should be duly numbered and added in annexures.

Manuscripts should be arranged into the following sections:

1. First page: Title and Authors' Details. Corresponding Author, contact number, email id and address for correspondence.
2. Abstract and Key words
3. Introduction
4. Materials and Methods
5. Results / Observations
6. Discussion and Conclusion
7. Acknowledgement (If any)
8. References

Title Page: The title should be as brief and comprehensive as possible describing the contents of the paper. Do not use abbreviations in the title or abstract and limit their use in text. The Title Page should include the authors' full names and affiliations, the name of the corresponding author along with phone, fax and email information. Complete Author names, (surnames first). Address of each author and the author for correspondence must be identified.

Number all pages sequentially beginning with the title page. Title of the article and running title can be given.

Abstract: The Abstract which should be included at the beginning of the manuscript should be informative and completely self-explanatory, briefly presenting the topic, state the scope of the experiments, indicate significant data, and point out major findings and conclusions. The Abstract should not be more than 250 words in length. Complete sentences, active verbs, and the third person should be used, and the abstract should be written in the past tense. Emphasis may be made on new and important aspects of the study or may highlight some important observations. Only approved abbreviations should be used. No abbreviations or

references should be cited in the abstract. (Expanded forms of abbreviations should be given in the text where it is mentioned first.)

Key Words: About 3 to 6 key words that will provide indexing references to should be listed. Authors should not break off or hyphenate words.

Abbreviation: Each abbreviation should be spelled out and introduced in parentheses the first time it is used in the text. Only recommended SI units should be used.

Introduction: The introduction should provide a clear statement of the problem, the relevant literature on the subject, and the proposed approach or solution. A concise account or a preview is required from the background of the subject, its significance and its relationships to earlier works clarified with pertinent references. It should be understandable to colleagues from a broad range of scientific disciplines. Do not review the subject extensively in the introduction.

Materials and methods: Materials and methods should be presented with sufficient clarity and detail and should be complete enough to allow experiments to be reproduced. Only truly new procedures should be described in detail; previously published procedures should be cited, and important modifications of published procedures should be mentioned briefly. Subheadings should be used. Methods in general use need not be described in detail.

Results: Results should be clear, precise and comprehensive and should not suffer from vagueness. The original and important findings should be stated in a logical sequence. The results should be written in the past tense when describing findings in the authors' experiments. Previously published findings should be written in the present tense. Results should be explained, but largely without referring to the literature.

Discussion: It should contain a critical review of the results of the study with the support of relevant literature. Do not repeat in detail data already stated in results. The Discussion should interpret the findings in view of the results obtained in this and in past studies on this topic. The principal conclusions drawn from the results and their important implications should be discussed.

Illustrations: All illustrations must be numbered using Roman numerals in their order of citation in the text. All Tables and figures must have a title and a legend to make them self-explanatory and they should be given numbers. Every table must be on a single separate sheet presented neatly bearing a short descriptive title. Use generic names of drugs only unless the specific trade name of a drug used is directly relevant to the discussion.

Conclusions: State the conclusions in a few sentences at the end of the paper.

Acknowledgments: The Acknowledgments of people, grants, funds, etc should be brief. Sources of support in the form of grants, equipment, drugs as gift samples may be included. Only scientific personnel who have made substantial and essential contributions to the study should be acknowledged.

Tables: Tables should be simple and kept to a minimum. Tables should be typed single-spaced throughout, including headings. Tables should be self-explanatory without reference to the text.

Figures: Figures on a separate sheet. Graphics should be prepared using applications capable of generating high resolution JPEG or PowerPoint before pasting in the Microsoft Word manuscript file. Tables should be prepared in Microsoft Word. Use Arabic numerals to designate figures and upper case letters for their parts (Fig 1).

References:

References should be numbered consecutively in the order in the sequence of appearance in the text (not in alphabetical order). Identify references in text, tables, and legends by Arabic numerals in superscript. Avoid using abstracts as references. The commonly cited types of references are shown here:

Book reference:

1. Personal author(s): Ringsven MK, Bond D. Gerontology and leadership skills for nurses. 2nd ed. Albany (NY): Delmar Publishers; 1996.
2. Editor(s), compiler(s) as author: Norman IJ, Redfern SJ, editors. Mental health care for elderly people. New York: Churchill Livingstone; 1996.
3. Sharma PV, Guru Prasad Sharma, editors. Dhanvantari Nighantu. 4th ed. Varanasi: Chaukhambha Orientalia; 2005.p.78.
4. Chapter in a book: Phillips SJ, Whisnant JP. Hypertension and stroke. In: Laragh JH, Brenner BM, editors. Hypertension: pathophysiology, diagnosis, and management. 2nd ed. New York: Raven Press; 1995. pp. 465-78

Article reference:

1. Winter CA, Risley EA, Nuss GW. Carrageenan induced edema in hind paw of rat as an assay for anti inflammatory drugs. Proc Soc Exp Biol 1962; (111):544.

Website reference:

1. <http://www.weebly.com/weebly/instructionsforauthors.php> [Accessed date 25.10.2013]

Articles in Journals:

1. Devi KV, Pai RS. Antiretrovirals: Need for an Effective Drug Delivery. Indian J PharmSci 2006; 68:1-6. List the first six contributors followed by et al.
2. Volume with supplement: Shen HM, Zhang QF. Risk assessment of nickel carcinogenicity and occupational lung cancer. Environ Health Perspect 1994; 102 Suppl 1:275-82.
3. Issue with supplement: Payne DK, Sullivan MD, Massie MJ. Women's psychological reactions to breast cancer. Semin Oncol 1996; 23(1, Suppl 2):89-97.

Books and Other Monographs:

1. Personal author(s): Ringsven MK, Bond D. Gerontology and leadership skills for nurses. 2nd ed. Albany (NY): Delmar Publishers; 1996.
2. Editor(s), compiler(s) as author: Norman IJ, Redfern SJ, editors. Mental health care for elderly people. New York: Churchill Livingstone; 1996.

3. Chapter in a book: Phillips SJ, Whisnant JP. Hypertension and stroke. In: Laragh JH, Brenner BM, editors. Hypertension: pathophysiology, diagnosis, and management. 2nd ed. New York: Raven Press; 1995. p. 465-78.

Electronic Sources as reference:

1. Journal article on the Internet Abood S. Quality improvement initiative in nursing homes: the ANA acts in an advisory role. Am J Nurs [serial on the Internet]. 2002 Jun [cited 2002 Aug 12]; 102(6): [about 3 p.]. Available from: <http://www.nursingworld.org/AJN/2002/june/Wawatch.htm>

Monograph on the Internet:

1. Foley KM, Gelband H, editors. Improving palliative care for cancer [monograph on the Internet]. Washington: National Academy Press; 2001 [cited 2002 Jul 9]. Available from: <http://www.nap.edu/books/0309074029/html/>.

Homepage/Web site:

1. Cancer-Pain.org [homepage on the Internet]. New York: Association of Cancer Online Resources, Inc.; c2000-01 [updated 2002 May 16; cited 2002 Jul 9]. Available from: <http://www.cancer-pain.org/>.

Ethical Guidelines:

Studies on human beings should indicate whether the procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional or regional) and with the Helsinki Declaration of 1975, as revised in 2000 (http://www.wma.net/e/policy/17-c_e.html) A statement on ethics committee permission and ethical practices must be included in all research articles under the 'Materials and Methods' section.

Evidence for approval by a local Ethics Committee (for both human as well as animal studies) must be supplied by the authors on demand. The ethical standards of experiments must be in accordance with the guidelines provided by the CPCSEA and World Medical Association Declaration of Helsinki on Ethical Principles for Medical Research Involving Humans for studies involving experimental animals and human beings, respectively). **The journal will not consider any paper which is ethically unacceptable.**

Conflicts of interest

All authors of must disclose any and all conflicts of interest they may have with publication of the manuscript or an institution or product that is mentioned in the manuscript and/or is important to the outcome of the study presented. Authors should also disclose conflict of interest with products that compete with those mentioned in their manuscript.

Processing Fee / Charge:

There are no fee / charges for initial submission of manuscript and for its evaluation. Only on acceptance of the manuscript after peer review, corresponding author will have to pay nominal amount /charges for processing, handling and editing. The mode of payment will be informed by mail to the corresponding author.

Letter to the Editor:

These should be short and decisive observations. They should preferably be related to articles previously published in the Journal or views expressed in the journal. They should not be preliminary observations that need a later paper for validation. The letter could have up to 500 words and 5 references. It could be generally authored by not more than four authors.

Symbols and abbreviations – In vitro, in vivo, in situ, ex vivo, ad libitum, et al. and so on are two words each and should be written in italics. None of the above is a hyphenated word. **All foreign languages (other than English) names and words shall be in italics as a general rule.** Words such as carrageenan-induced inflammation, paracetamol-induced hepatotoxicity, isoproterenol-induced myocardial necrosis, dose-dependent manner are all hyphenated.

Biological nomenclature - Names of plants, animals and bacteria should be in italics.

Anti-Plagiarism Policy

Manuscripts must be devoid of any forms of plagiarism. They should also have appropriate citations to the related literature in the field.

Submission Checklist

Covering letter

References cited in the required style of the Journal

Source of funding mentioned

Conflicts of interest disclosed

* [Download Instructions for Authors](#)